



*Creative
Living*
with
Sheryl Borden
6000 Series



Home & Hearth

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Home & Hearth

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Entertaining With Ease - Stress Free!

You don't have a lot of room for guests. **Tried and True Solution:** Make extra seating with folding chairs and table. **Stressbuster Shortcut:** Putting extra furniture in the room makes it seem even smaller than it is. Just entertain buffet style. Serve a menu of casual finger food. Or just invite people over for a dessert buffet. And use lighting to transform the room. Decorate with candlelight. Or set small spotlights on the floor, directing the light up, on the walls.

Oven capacity insufficient to cook for a crowd. **Tried and True Solution:** Use chafing dishes or hot plates to warm the food; or keep heated items warm in an insulated unit. **Stressbuster Shortcut:** Add extra oven racks. You can buy Jobar's three-tiered slim oven rack that will slip in beside a roasting pan and hold small casserole dishes, and you can also buy a wide three-tiered oven insert that will hold a trio of cookie sheets to bake three batches at a time or warm large quantities of hors d'oeuvres such as mini-pizzas. www.whateverworks.com

Table too small to hold all the buffet items. **Tried and True Solution:** Consider using your kitchen for part of the buffet. Don't put dishes and flatware on the main table so there will be room for the serving dishes. **Stressbuster Shortcut:** You can find three-tier buffet servers online or at retailers like J.C. Penney and Target. Some look very elegant on the table and really solve the space problem. You might even consider buying a second. You can position the multi-level trays at different angles to allow access from any side.

No budget for major table decorations. **Tried and True Solution:** Use pillar candles of different sizes on mirrors, or heap baskets with items like pinecones and leaves or ornaments. **Stressbuster Shortcut:** The Candle Carver is a tool that carves a shallow depression in fruits and vegetables, the perfect size to hold a tea light candle. Take an ordinary apple, make

it into a candleholder, and surround it with flowers for a centerpiece, or use it as a place-setting decoration. www.candlecarvercompany.com

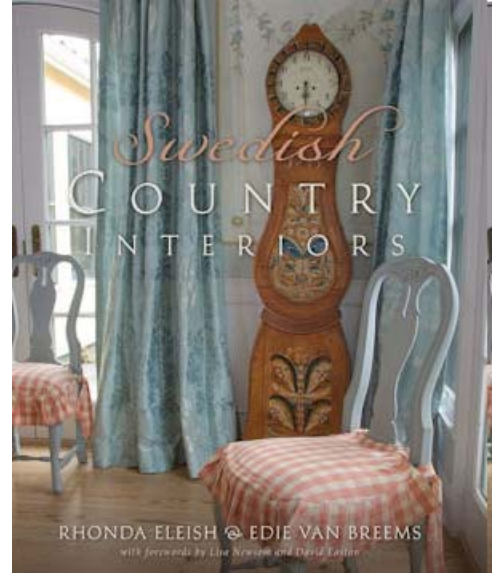
You don't have enough china for all your guests. **Tried and True Solution:** Put out paper plates or plastic dishware. **Stressbuster Shortcut:** I like serving food on a sturdy plate, so I check out the discount departments or stores for bargain-price dishes. Sometimes you can find a quantity of them for a dollar or less. Snap them up to use for entertaining over and over again. Add some inexpensive cloth napkins, a table runner (less expensive than tablecloths or placemats), some candles and ribbons (around the napkins or on the wine glass stems), and you can set a beautiful table for very little cost.

Your entertainment food budget is small and your time is limited. **Tried and True Solution:** Have a potluck party, where all the guests bring a covered dish. **Stressbuster Shortcut:** Split the cost of the meal and divide up the effort of preparation by holding a progressive dinner. Three or four couples participate, and the whole party goes to a different house for each course: appetizers, salad, main entree, and dessert.

You don't know what to serve. **Tried and True Solution:** Pasta. Who doesn't like pasta? Answer: the folks on diets, the people with wheat issues, and the people who won't eat a sauce if it has meat or fish in it. **Stressbuster Shortcut:** Go online and look for recipes. You can search by ingredient. Or try a soup party. Make one for the vegetarians, one with fish, one with meat or chicken, and you've satisfied everyone's dining issues. They can all be made ahead, they're easy to reheat, and you can just add store-bought bread and cheese.

No time to clean the house to perfection. **Tried and True Solution:** Knock yourself out and feel guilty you haven't done the job. **Stressbuster Shortcut:** Focus JUST on the places your guests will visit: lavatory, and living room. Wipe counters in the bathroom, dustbust the hairs from the floor, swipe the toilet, and make sure you've got clean towels, soap, and toilet paper. Hide anything else behind the shower curtain. In the living room, vacuum the high-traffic area, gather up any junk in a laundry basket and hide it behind the shower curtain. Turn the lights low and put on soft music.

Swedish Country Interiors



Flies swarming when you eat outdoors. **Tried and True Solution:** Keep the food in containers with plastic lids or cover with plastic wrap or foil. **Stressbuster Shortcut:** Cover the whole table with a giant nylon “food umbrella,” 17” x 49” x 27”. It pops open and closed with the press of a button, stores compactly. I love this because it makes guests feel better about eating at your outdoor and even indoor buffets. www.shop.com

Shaping burgers for a crowd. **Tried and True Solution:** Roll the meat into a ball, and then press the hamburger down. **Stressbuster Shortcut:** A non-stick aluminum press lets you make dozens of uniformly sized patties in no time, exactly the thickness you like (up to 1 1/2”). www.taylorgifts.com

Barbecue grill needs sanitizing. Cleaning the grill is one of the sloppiest jobs I can think of. Most of them are too big to fit easily in the sink. And you could use a whole roll of paper towels cleaning off the residue. **Tried and True Solution:** You don’t even have to touch the grill to get it ready for use. Just leave it in place over burning hot coals for ten minutes. **Stressbuster Shortcut:** Spray Nine BBQ Grill Cleaner not only gets rid of the grease, fat and burned-on food, it also has a hospital-grade disinfectant that kills e-coli, salmonella and other germs. www.spraynine.com

Can’t see when you’re cooking after dark. **Tried and True Solution:** Have the barbecue chef wear a miner’s cap. **Stressbuster Shortcut:** Pegasus Associates’ Clamp-On Barbecue light fits snugly to the side of the grill and lights it up with a 20-watt halogen bulb. Even after the sun has long gone down, the barbecue chef can turn out burgers done exactly to each guest’s taste.

Menu planning and timing is so tricky. **Tried and True Solution:** Serve sandwiches, cold cuts, and other items that can be cooked in advance. **Stressbuster Shortcut:** Rely on your crock-pot. One-pot dishes make menu planning easy, slow cooking means you don’t have to watch the pot, and you don’t have to worry that the food will be overcooked if guests are late.

In *Swedish Country Interiors* Rhonda and Edie delve deeper into their love of Swedish country design, showcasing fifteen homes across America that have a wide spectrum of interpretations of Swedish country style. Readers will find numerous examples of Swedish country living that the homeowners have embraced and derived inspiration from, including wall decorations, functional furnishings, natural upholstery materials, light, and indoor-outdoor living.

Whether it's the tall, folk-painted Swedish case clocks, checked gingham, natural wood flooring, or the allowance of an abundance of light into interior living spaces, Swedish country style draws people from all walks of life with its fresh, clean, comfortable, and well-designed look.

COURTESY: Laura Dellutri
Healthy Housekeeper Inc.
www.lauradellutri.com

COURTESY: Rhonda Eleish & Edie van Breems
Authors and Decorators
www.evbantiques.com



Museum of
New Mexico
SINCE 1909

Licensed Museum Products

The Museum of New Mexico Foundation's licensing program was established in 1998 to generate essential revenues to help support acquisitions, exhibition development, and educational outreach programs at the Museum of New Mexico.

West of the Mississippi, the collections of our museums are unrivaled in their depth and breadth. From textiles and furniture, jewelry, toys, silver and basketry, pottery, photographs, painting and sculpture, the collections are as rich and varied as the region's international history. Taking inspiration from these historical, artistic and cultural artifacts from all over the world, manufacturers develop unique products for which they pay the museum a royalty or percentage of the product's wholesale price. In addition to access to the archives, manufacturers may also use the museum's name in the marketing and promotion campaigns. From this unique business arrangement, our museums earn additional revenues and gain nationwide exposure.

Please note that these manufacturers DO NOT sell direct to individual consumers. Please contact the manufacturers for a retailer in your area.

Products available for purchase can be found at the Museum of New Mexico Foundation website: www.shopmuseum.com. Search under Licensed Products.

Furniture

Hickory Chair T.S. Berry	Occasional furniture Bedroom, dining, and occasional furniture
King Hickory	Upholstered sofas, chairs, and ottomans

Textiles

Andover Fabrics	Quilting fabrics and collections
Brunschwig & Fils	Printed fabrics
Kravet Fabrics	Woven fabrics
Valdese Weavers	Woven fabrics

Lighting

Quoizel	Table and floor lamps and fixtures
Wildwood Lamps	Table lamps

Bedding, Pillows and Throws

Company C	Bedding ensembles and pillows
Berry Creek Home Collection	Bedding ensembles, pillows and throws

Accessories

The Phillips Collection Nambé	Decorative ceramic vases, platters and bowls Crystal vases and metal alloy serve ware
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Paper Goods

Pomegranate Communications Fiberlok	Calendars, note cards, mouse pads & magnets Mouse rugs and coaster rugs
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Rugs

Odegard Company C	Hand-knotted Tibetan carpets Colorful Cultures hand-woven wool rugs
Sartori Rugs	Hand-woven, flat weave wool rugs
Shaw Rugs	Three collections available: Traditions Made Modern, New West and Museum of New Mexico Collection

Wall Covering

Wolf Gordon	Contract wall covering
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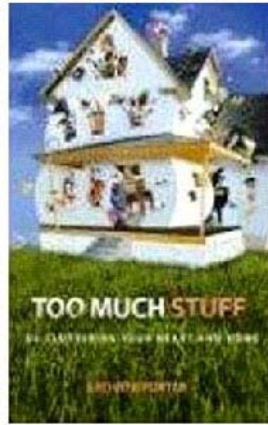
Dinnerware

BIA Cordon Bleu	Dinnerware, dessert plate and espresso cup gift set
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COURTESY: Pamela Kelly
Museum of New Mexico
www.museumofnewmexico.org

Take Your Kitchen From Chaos to Clean

The kitchen is one of those spaces where we tend to accumulate huge volumes of items we never use. We collect vast quantities of mugs, dishes, souvenir glasses, food, pots and pans, serving platters, odd utensils, and plastic containers with missing lids, and rarely have enough storage space to keep them all.



The first step is to analyze your own kitchen. Take a good look around. What else do you see? Disorganized cabinets complement overstuffed junk drawers. The space between the ceiling and upper cabinets is topped with a hodge-podge of decorations and kitchen supplies. The linoleum floor is sticky, and there are debris pockets under the table.

Yikes! Where do we start? Maybe your kitchen isn't as bad as this, but regardless of the caliber of the mess, we begin at the same starting point. It's called the Kitchen Strategy.

The Kitchen Strategy

- 1 Begin with the trash
- 2 Clear flat surfaces
- 3 Attack the Dishes
- 4 Clean the refrigerator and other appliances
- 5 Thin out the pantry
- 6 Clean the floor

Give your entire kitchen the eye! Inspect your work. Did you miss anything? Evaluate your organizing. What works? What doesn't work? What do you want to change? Plan to experiment to see which organizing systems work best for you. Investigate what motivates you to stay on top of things. Learn the strategies and products that make cleaning easiest for you.

For lots of suggestions on de-cluttering your home, go to Kathryn's website or read her book *"Too Much Stuff: De-Cluttering Your Heart and Home."*

COURTESY: Kathryn Porter
Author & Speaker
www.clutterwise.com



Not All Candles are Created Equal!

According to Rita Fuentes, Senior Regional Vice President, PartyLite, "Not all candles are alike!" When you look at a candle, you see size, shape and color. You perceive fragrance. But it's what you *can't* see that defines the real art of candle making.



You can't see the quality of the ingredients, and you can't see how they've been formulated. Those factors determine whether you'll get a good clean burn.

What makes a quality candle? Superior ingredients, color and fragrance throughout, lead-free cotton wicks, and more. Rita also talks about the proper care of candles, shows how to snuff them out properly, discusses how long different types should burn, and shows how to trim your wick. She also has an unusual way of getting rid of minor scratches on candles, explains why you should "hug" your candles, and explains common sense safety precautions.



COURTESY: Rita Fuentes
PartyLite
www.partylite.com

Pillow Sham Headboard

Materials

- Two Soft Touch 26" x 26" pillow forms by Fairfield
- 2 yds. 54" wide print decorator fabric
- 2 yds. 54" wide stripe decorator fabric
- Thread to match fabrics
- Curtain Rod and brackets slightly longer than the width of the bed

Tools

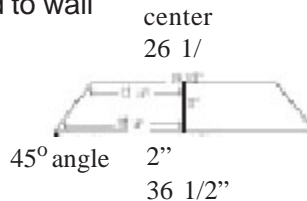
- Sewing machine
- Iron
- Ruler and pencil
- Scissors
- Fabric marking pen
- Needle and pins
- Paper for pattern
- Tools to attach headboard to wall

Cutting

From print fabric,

Cut two 26 3/4" squares (front)

Cut four 26 3/4" x 19 3/4" (back)



From stripe fabric,

Cut 16 pillow flanges

Cut two 26 1/2" x 4 1/2" rod pockets

Make pattern for pillow flange following diagram.

Directions

Stitch all seams right sides together using 1/2" seam allowance.

1) Press under 1/4" twice on one 26 3/4" edge of each back piece. Stitch along inner edge of hem.

2) Lap hemmed edge of each large back piece over hemmed edge of small back piece to make a 26 3/4" wide back. Baste pieces together along seamline.

3) Press under 1/4" twice on each 4 1/2" end of rod pocket. Stitch along inner edge to hem.

4) Fold rod pocket in half lengthwise with wrong sides together. Place open edge of pocket rod 2 1/4" from top of flange and sew together. Fold pocket down and press. See figure A.



5) Sew bottom of rod pocket to flange by hand using a whip stitch. See Figure B.

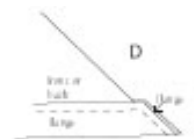


6) Stitch a flange to each edge of fronts and backs beginning and ending 1/2" from corners, see figure C. Press seams toward center. (Be sure the flange with the rod pocket is at the top of pillow back)



7) Stitch flange pieces together along diagonal edges at corners. Press seams open.

8) With right sides facing, pin front and back together around all sides. Stitch along one side almost to 1/2" from corner, pivot and take two stitches diagonally across seam of flange, then pivot again and continue stitching next side, see figure D. (This will make sharper points at the corners of your flange. If your fabric is loosely woven, reinforce each corner stitching along the seamline using 15 stitches per inch.)



9) Trim seam allowance of pillow back to 3/8" to grade seam allowances. Press seams open.

10) Turn right side out and press edges flat.

11) Pin front to back around outer edge of pillow center. Stitch in the ditch along seam.

12) Place pillow insert into shams.

13) Install brackets on wall on either side of the bed following manufacturer's directions. Place rod through hanging loops on pillows and place rod in brackets.



COURTESY: Judy Novella
Fairfield Processing
www.fairfieldworld.com



TERRELL DESIGNS

Roman Shade Artisans

Making a Double Roman Shade

A Double Shade is a two-shade system mounted on one board that is easily made at home. The front shade is a typical fabric Roman shade. The back shade is a sheer Roman shade.



What you need to make a Double Roman shade:

Finished width and length of your shade and the folding specifics, which can be obtained by using the Folding and Hardware Calculator on www.TerrellDesigns.com. The calculator will also tell you the number of lift lines for your shade. You will want the sheer shade to fold up “tighter” so that it can be pulled up behind the front fabric shade.

Front Fabric Shade:

- Decorator or quilting fabric cut 2" wider and 8" longer than your finished shade dimensions
- Drapery lining fabric cut 1" wider and 7.5" longer than your finished shade dimensions

Sheer Shade:

- Tightly woven sheer fabric cut 1/2" wider and 8" longer than your finished shade dimensions – cut two of these panels

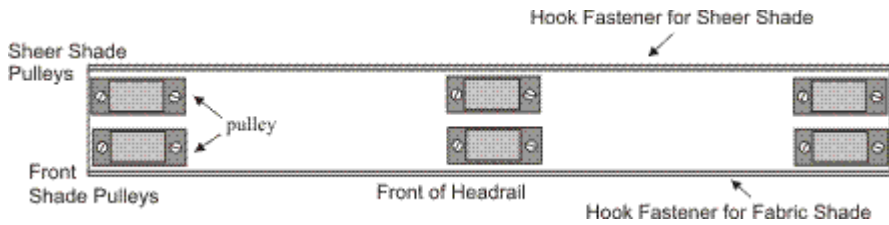
Shade Hardware and Supplies – use the online Hardware Calculator for a list of required hardware items for each shade.

Step 1 Make your front fabric shade following the directions in the Series 5400 Booklet (or online at www.TerrellDesigns.com).

Step 2 Sew a double 3" hem on each sheer panel. Your side seam allowances will be visible through your sheer shade, so use Fray Check to prevent raveling. Place your two panels right-sides together and sew a 1/4" seam on each side. Turn right-side out, smooth into place and mark the top of the shade using straight pins. Turn the edge to the **front** of the shade, press, and then trim 3/4" past the pins. Sew the loop portion of Velcro fastener so that it covers the raw edges at the top of the shade.

Step 3 Mark the location of your folds using silk pins or chalk. Stitch a set of parallel horizontal lines 1/2" apart on either side of your pins. These pockets will hold your internal plastic (or wood) battens.

Step 4 Make the headrail for your Double shade. The drawing shown below depicts flat pulleys for both the sheer shade and the front fabric shade. If you wish, you can use screw eyes for the sheer shade. Detailed instructions for making the headrail can be found on www.TerrellDesigns.com.



Step 5 Use the headrail to mark the location of the lift cords on every other batten, beginning at the bottom batten. Sew the lift rings on the back side of the shade (the opposite side from the one with the Velcro) right at the top seam of the batten pocket.

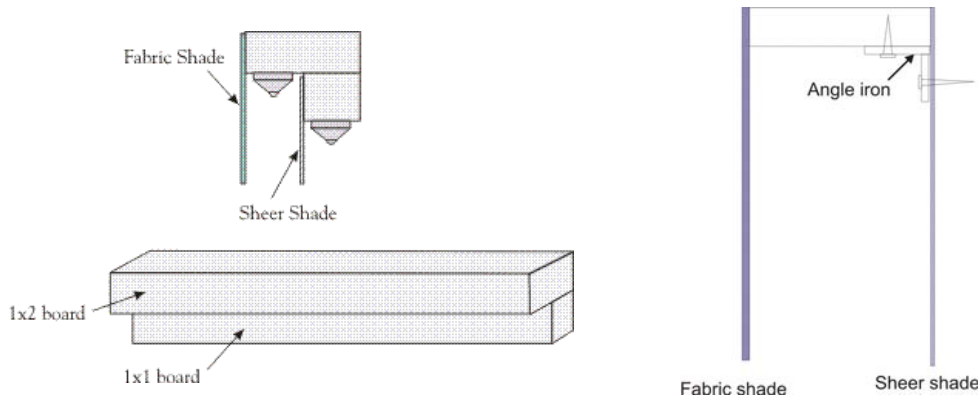


Step 6 The sheer shade's lift cords will run up the back of the shade through the lift rings. They have to be threaded to the front side of the shade and through the lifting hardware at the top of the shade. You can either use grommets or button holes. Place the openings about halfway between the top row of lift rings and the top of the sheer shade. The photograph above was taken between the two shades. You can see the lift rings of the front fabric shade and the left-most lift cord for the sheer shade coming through a grommet and passing through the back row of pulleys.

Step 7 Attach the sheer shade to the back of the shade by matching the hook and loop fasteners. String the lift cords by tying a cord to the lowest lift ring in each column, passing the cord through all rings in that column, through the grommet or buttonhole and through the pulleys. Attach your mounting board to the inside top of your window by screwing directly through the board into the window trim.

Step 8 Follow the online directions at www.TerrellDesigns.com to attach the front shade to the headrail.

A note on outside mount Double Shades: It is a bit more complicated to mount a Double Shade outside the window. You can use one of the methods shown below.



Courtesy: Terrell Sundermann
 Terrell Designs
www.TerrellDesigns.com

Storage Solutions!

Storage that keeps things neat...right under your feet

Apartment and lofts offer all kinds of special benefits, such as open floor plans and low-maintenance living. Unfortunately, finding enough storage can be a problem. After the closets fill up and there are still more things to put away, where's it all going to go? Here's a great storage solution that doesn't take up any more space than your own bed. Modeled after the traditional captain's bed, this system uses simple modules that



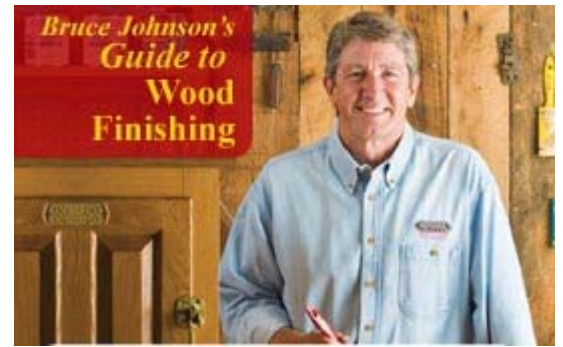
offer a creative way of adding storage by keeping your things organized, but also out in the open for easy access.

Made of solid pine, these modules can often be found at unfinished furni-

ture stores, but you could just as easily have them custom-made by a local lumberyard or cabinet shop. With the box spring placed on the modules to support the mattress, the mattress ends up sitting higher, which is very much in style today. Plus you'll sleep soundly knowing that there's finally a place for everything.

Project Pointers

This project used pine for the modules, but that's not the only way to go. Other readily available woods include oak, maple, poplar and mahogany. Go to a hardwood specialty store, and your choices will broaden to



include cherry, walnut, ash and many others. In a project like this you get to pick the wood that'll best match your décor or help it to evolve.

You can store just about anything in under-bed cubes. These pine modules were treated with Minwax® Pre-Stain Conditioner, and then they were stained with Minwax® Wood Finish™ Red Chestnut and topcoated with Minwax® Fast-Drying Polyurethane in a semi-gloss sheen.

Minwax Featured Products

Minwax® Water Based Pre-Stain Wood Conditioner



Minwax® Wood Finish™

Minwax® Fast-Drying Polyurethane



COURTESY: Bruce Johnson
Minwax

www.minwax.com

Home & Hearth Guests

Laura Dellutri

Healthy Housekeeper, Inc.
14216 Parkhill St.
Overland Park, KS 66221
913-208-5209

dellutril@aol.com
www.lauradellutri.com or
www.healthyhousekeeper.com

Rhonda Eleish

Eleish Van Breems, Ltd.
18 Titus Road, P O Box 313
Washington Depot, CT 06794
860-868-1200

evbcatamount@hotmail.com
www.evbantiques.com

Rita Fuentes

PartyLite
59 Armstrong Road
Plymouth, MA 02360
888-999-5706

rifu@cox.net
www.partylite.com

Bruce Johnson

Minwax
10 Mountainview Rd., Suite A
Upper Saddle River, NJ 07458
973-841-1736

askminwax@sherwin.com
<http://www.minwax.com>

Pamela Kelly

Museum of New Mexico Foundation
P. O. Box 2065
Santa Fe, NM 887504
505-982-3016 #27

pamelakel@aol.com
www.museumfoundation.org

Judy Novella

Fairfield Processing Corp.
88 Rose Hill Ave. – P. O. Box 1157
Danbury, CT 06810-1157
203-744-2090 #265
800-980-8040 #265

judyn@poly-fil.com
www.fairfieldworld.com

Kathryn Porter

Author “Too Much Stuff”
2325 Heathercrest Drive
Colorado Springs, CO 80915
719-573-0747

kporter@clutterwise.com
www.clutterwise.com

Terrell Sundermann

Terrell Designs
5325 Sanford Cir. E
Englewood, CO 80113
303-639-9876

terrellsundermann@comcast.net
www.terrelldesigns.com

Eddie Van Breems

Eleish Van Breems, Ltd.
18 Titus Road, P O Box 313
Washington Depot, CT 06794
860-868-1200

e-mail: evbcatamount@hotmail.com
www.evbantiques.com